

Curriculum Vitae of Ralf Schwarzer



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Health Psychology
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Positions

- Since 1982 Professor, Department of Psychology, Freie Universität Berlin
- Since 2011 Professor, Warsaw School of Social Sciences and Humanities, Wrocław, Poland
- 1976-1982 Professor, Technical University of Aachen, Germany
- 1974-1976 Professor, Teachers Training College of Schwäbisch-Gmünd
- 1969-1974 Lecturer, Teachers Training College of Kiel, Germany

Education

- 1974 Diploma in Psychology (M.A.), Kiel University, Germany
- 1973 Ph.D. in Educational Sciences, Kiel University, Germany
- 1972 Diploma in Educational Sciences (M.A.), Kiel University, Germany

Honors and Awards

- 2010 Award for Distinguished Scientific Contributions of the *International Association of Applied Psychology (IAAP)*

- 2010 Fellow of the *Association of Psychological Science (APS)*
- 2008 Executive Committee Member, *XXIXth International Congress of Psychology*, July 20 - 25, 2008, in Berlin, Germany, www.icp2008.org
- 2007 German Psychology Award /Deutscher Psychologiepreis
<http://www.zpid.de/index.php?wahl=news&uwahl=news223>
- 1998--- Adjunct Professor of Psychology at York University (Canada)
- 1999 Career Contribution Award by the *Stress and Anxiety Research Society (STAR)*.
- 1996 Honorary Fellow of the *European Health Psychology Society (EHPS)*
- 1995 John F. Diefenbaker Research Award by the Canada Council
- 1995 Fellow of the American Psychological Association (APA, Div. 38)
- 1990 Academic Research Award by the Volkswagen Foundation for a one-year sojourn at UCLA and USC
- 1986 Fellow at the Netherlands Institute for Advanced Studies (NIAS) in Wassenaar, The Netherlands.

Professional Affiliations and Activities

Association of Psychological Science (APS) (since 2008, Fellow since 2010)

American Psychological Association (APA) (since 1979, Fellow since 1995, Div 38)

International Association for Applied Psychology (IAAP), **President** of Div. 8 (2002-2006)

Member of the Scientific Advisory Committee of the *Research Institute for Psychology & Health*, Utrecht, The Netherlands (Royal Dutch Academy of the Arts and Sciences), 2003

European Health Psychology Society (EHPS), **President** 1996-1998

German Psychological Association (DGfP)

Health Psychology Division of the German Psychological Association (**Vice-President** 1992-1995).

Stress and Anxiety Research Society (STAR), **President** 1984-1986

Editorial Board Member of Journals

Applied Psychology: Health and Well-Being (2008 ff), Editor
Ansiedad y Estres (1994 ff)
Anxiety, Stress, and Coping: An International Journal (1988- ff) (Founding Editor)
British Journal of Health Psychology (1995 ff)
Educational Research Journal (1994 ff)
Health Psychology (2010ff)
Health Psychology Review (2006 ff)
Patient Education and Counseling (1994 -2003)
Psychology and Health (1996 ff)
Psychologie in Erziehung und Unterricht (1987-1995)
Zeitschrift für Gesundheitspsychologie (1991 ff). (Founding Editor)
Zeitschrift für Pädagogische Psychologie (1989 2002)
Zeitschrift für Sozialpsychologie (1994 2003)
Psicologia della Salute (2011-)

Visiting Appointments

September 1984 to March 1985	Visiting Scholar at the University of California, Berkeley
April to June 1986	Netherlands Institute for Advanced Studies (NIAS) in Wassenaar, The Netherlands.
September 1987 to March 1988	Visiting Scholar at the University of California, Los Angeles
October 1990 to September 1991	Visiting Scholar at the University of California, Los Angeles
1994-1995	Visiting Professor at the Department of Psychology of The Chinese University of Hong Kong (1 year)
1995	Visiting Fellow at Massey University, New Zealand (6 weeks)
1995 to 1998	York University, Canada (periodically, total of 1 year), currently Adjunct Professor
2009, November	Centre for Accident Research & Road Safety, Queensland University of Technology, Brisbane, Australia

RALF SCHWARZER: PUBLICATIONS

—28 October 2011—

Books (Monographs and Edited Volumes)

1. Schwarzer, R. (Ed.). (1974). *Lernerfolg und Schülergruppierung – Untersuchungen zur Pädagogischen Diagnostik und Unterrichtsorganisation im differenzierten Schulwesen*. Düsseldorf, Germany: Schwann.
2. Schwarzer, R., & Steinhagen, K. (Eds.). (1975). *Adaptiver Unterricht. Zur Wechselwirkung von Schülermerkmalen und Unterrichtsmethoden*. München, Germany: Kösel.
3. Kleber, E. W., Meister, H., Schwarzer, C., & Schwarzer, R. (1976). *Beurteilung und Beurteilungsprobleme*. Weinheim, Germany: Beltz.
4. Schwarzer, C., & Schwarzer, R. (1977). *Diagnostik im Schulwesen*. Braunschweig: Westermann.
5. Schwarzer, R. (1977). *Beraterlexikon*. München, Germany: Kösel.
6. Schwarzer, C., & Schwarzer, R. (1979). *Praxis der Schülerbeurteilung* (2nd ed.). München, Germany: Kösel.
7. Schwarzer, R. (1980). *Schulangst und Lernerfolg – Eine empirische Untersuchung der Diagnose von Leistungsangst und ihrer Bedeutung in der Schule* (2nd ed.). Düsseldorf, Germany: Schwann.
8. Schwarzer, C., & Schwarzer, R. (1980). *Gestörte Lernprozesse*. München, Germany: Urban & Schwarzenberg.
9. Schwarzer, R., Ploeg, H. M. van der, & Spielberger, C. D. (Eds.). (1982). *Advances in test anxiety research* (Vol. 1). Lisse, The Netherlands/Hillsdale, NJ: Swets & Zeitlinger/Erlbaum.
10. Ploeg, H. M. van der, Schwarzer, R., & Spielberger, C. D. (Eds.). (1983). *Advances in test anxiety research* (Vol. 2). Lisse, The Netherlands/Hillsdale, NJ: Swets & Zeitlinger/Erlbaum.
11. Schwarzer, R. (Ed.). (1983). Themenheft Selbstkonzept [A self-concept reader]. *Zeitschrift für personenzentrierte Psychologie und Psychotherapie*. Weinheim, Germany: Beltz, 2.
12. Schwarzer, R., Lange, B., & Kuffner, H. (1983). *Schulangst und Schulverdrossenheit – Eine Längsschnittstudie von schulischen Sozialisierungseffekten*. Opladen, Germany: Westdeutscher Verlag.
13. Ploeg, H. M. van der, Schwarzer, R., & Spielberger, C. D. (Eds.). (1984). *Advances in test anxiety research* (Vol. 3). Lisse, The Netherlands/Hillsdale, NJ: Swets & Zeitlinger/Erlbaum.
14. Schwarzer, R. (Ed.). (1984). *The self in anxiety, stress and depression*. Amsterdam: North-Holland.
15. Ploeg, H. M. van der, Schwarzer, R., & Spielberger, C. D. (Eds.). (1985). *Advances in test anxiety research* (Vol. 4). Lisse, The Netherlands: Swets & Zeitlinger.
16. Schwarzer, R. (Ed.). (1986). *Self-related cognitions in anxiety and motivation*. Hillsdale, NJ: Erlbaum.
17. Schwarzer, R. (1987). *Streß, Angst und Hilflosigkeit* [Stress, anxiety and helplessness] (2nd ed.). Stuttgart, Germany: Kohlhammer.
18. Schwarzer, R., Ploeg, H. M. van der, & Spielberger, C. D. (Eds.). (1987). *Advances in test anxiety research* (Vol. 5). Lisse, The Netherlands: Swets & Zeitlinger.
19. Schwarzer, R., & Leppin, A. (1989). *Sozialer Rückhalt und Gesundheit: Eine Meta-Analyse* [Social support and health: A meta-analysis]. Göttingen: Hogrefe.
20. Schwarzer, R., Ploeg, H. M. van der, & Spielberger, C. D. (Eds.). (1989). *Advances in test anxiety research* (Vol. 6). Lisse, The Netherlands: Swets & Zeitlinger.
21. Schwarzer, R. (Ed.). (1990). *Gesundheitspsychologie. Ein Lehrbuch* [Health psychology: A textbook]. Göttingen: Hogrefe.
22. Schwarzer, R., & Wicklund, R. (Eds.). (1991). *Anxiety and self-focused attention*. Chur/London: Harwood Academic Publishers.
23. Schwarzer, R. (1992). *Psychologie des Gesundheitsverhaltens* [Psychology of health behaviors]. Göttingen, Germany: Hogrefe.
24. Schwarzer, R. (Ed.). (1992). *Self-efficacy: Thought control of action*. Washington, DC: Hemisphere.
25. Schwarzer, R. (1993). *Streß, Angst und Handlungsregulation* [Stress, anxiety and action regulation] (3rd rev. ed.). Stuttgart, Germany: Kohlhammer.
26. Schwarzer, R., & Jerusalem, M. (Eds.). (1994). *Gesellschaftlicher Umbruch als kritisches Lebensereignis. Psychosoziale Krisenbewältigung von Übersiedlern und Ostdeutschen* [Social change as a critical life event. How East Germans cope with the psychosocial stress of migration]. Weinheim/München, Germany: Juventa.
27. Schwarzer, R. (1996). *Psychologie des Gesundheitsverhaltens* [Psychology of health behaviors]. (2nd rev. ed.). Göttingen, Germany: Hogrefe.
28. Schwarzer, R. (Ed.). (1997). *Gesundheitspsychologie. Ein Lehrbuch*. [Health psychology: A textbook]. (2nd rev. ed.). Göttingen, Germany: Hogrefe.
29. Schwarzer, R. (Ed.). (1998). *MultiMedia und TeleLearning – Lernen im Cyberspace* [Multimedia and telelearning – Learning in cyberspace]. Campus: Frankfurt/M., Germany.

30. Schwarzer, R. (2000). *Streß, Angst und Handlungsregulation* [Stress, anxiety and action regulation] (4th rev. ed.). Stuttgart, Germany: Kohlhammer.
31. Schwarzer, R., & House, J. (Eds.). (2001). Section on health psychology. In N. J. Smelser & P. B. Baltes (Eds.), *The international encyclopedia of the social and behavioral sciences*. Oxford, England: Elsevier.
32. Schwarzer, R., Jerusalem, M., & Weber, H. (Eds.). (2002). *Gesundheitspsychologie von A bis Z* [Health psychology from A to Z]. Göttingen, Germany: Hogrefe.
33. Schwarzer, R. (2004). *Psychologie des Gesundheitsverhaltens. Einführung in die Gesundheitspsychologie* (3. überarb. Rev.). [Health behaviors: An introduction to health psychology (3rd ed. rev.)]. Göttingen, Germany: Hogrefe.
34. Schwarzer, R. (Vol. Ed.) & Birbaumer, N., Frey, D., Kuhl, J., Schneider, W., & Schwarzer, R. (Series Eds.). (2005). *Enzyklopädie der Psychologie, Themenbereich C, Theorie und Forschung; Serie X, Gesundheitspsychologie; Bd. 1: Gesundheitspsychologie* [Encyclopedia of psychology, C: Theory and research; Series X: Health psychology; Vol. 1: Health psychology]. Göttingen, Germany: Hogrefe.
35. Frensch, P. A., & Schwarzer, R. (Eds.). (2010). *Cognition and neuropsychology. International perspectives on psychological science*. Vol. 1. Hove, England: Psychology Press.
36. Schwarzer, R., & Frensch, P. A. (Eds.). (2010). *Personality, human development, and culture. International perspectives on psychological science*. Vol. 2. Hove, England: Psychology Press.

Journal and Book Series Editorships

37. Schwarzer, R. (Ed.). (1988-1992). *Anxiety Research: An International Journal*. 1-4. London/Chur: Harwood Academic Publishers.
38. Schwarzer, R., & Hobfoll, S. E. (Eds.). (1992-1995). *Anxiety, Stress, and Coping: An International Journal*. 5-8. Chur: Harwood Academic Publishers.
39. Krohne, H. W., Rüddel, H., Schmidt, L. R., Schwarzer, R., & Schwenkmezger, P. (Eds.). (1993-1997). *Zeitschrift für Gesundheitspsychologie*. 1(1)-5(4). Göttingen: Hogrefe.
40. Krohne, H. W., Netter, P., Schmidt, L. R., & Schwarzer, R. (Eds.). (1992-). *Reihe "Gesundheitspsychologie"* [Series: "Health psychology"]. Göttingen: Hogrefe.
41. Schwarzer, R. (Ed.). (1997). *Unterrichtswissenschaft. Zeitschrift für Lernforschung. Themenheft Gesundheitsförderung* [Educational Science. Journal for Learning Research. Special Issue on Health Promotion]. 25(2). Weinheim, Germany: Juventa. (pp. 97-192).
42. Schwarzer, R. (Ed.). (1998). *Unterrichtswissenschaft. Zeitschrift für Lernforschung. Themenheft "Selbstwirksame Schulen: Ein neuer Impuls für die Schulreform"* [Educational Science. Journal for Learning Research. Special Issue "Self-efficacious/Self-efficacious schools: A new impulse for school reform"]. 26(2). Weinheim, Germany: Juventa. (pp. 97-192).
43. Birbaumer, N., Frey, D., Kuhl, J., Schneider, W., & Schwarzer, R. (Eds.). (2002-...). *Reihe: Enzyklopädie der Psychologie*. [Series: Encyclopedia of Psychology]. Göttingen, Germany: Hogrefe.
44. Schwarzer, R., & Kuhl, J. (Eds.). (2006). *Themenheft Selbstregulation und Gesundheit* [Special issue on self-regulation and health]. *Zeitschrift für Gesundheitspsychologie*, 14(2), 31-94.
45. Schwarzer, R., & Peterson, C. (Eds.). (2008). *Health and well-being* [Special issue]. *Applied Psychology*, 57(s1), 1-207.
46. Schwarzer, R., & Peterson, C. (Eds.). (2009-). *Applied Psychology: Health and Well-Being*, 1- .

Refereed Journal Articles

47. Schwarzer, R. (1973). Ergebnisse einer Lehrprogrammerprobung in verschiedenen Schularten. *Neue Unterrichtspraxis*, 2.
48. Schwarzer, R. (1973). Technologische Innovationsstrategien und emanzipatorische Unterrichtspraxis. *Die Deutsche Schule*, 6, 371-386.
49. Schwarzer, R. (1975). Schulangst, Sozialstatus und Schulleistung. *Psychologie in Erziehung und Unterricht*, 22, 16-22.
50. Schwarzer, R. (1976). Schulangst: Genese, Barriere, Reduktion. *Die Grundschule*, 8, 432-434.
51. Schwarzer, R., & Roysl, W. (1976). Angst und Schulunlust als Sozialisierungseffekte verschiedener Schularten. *Zeitschrift für Pädagogik*, 22, 547-558.
52. Schwarzer, R., & Roysl, W. (1976). Zur säkularen Akzeleration der PSB-Intelligenz. *Diagnostica*, 22, 99-109.
53. Schwarzer, R. (1977). Angst bei Kindern. *Unsere Jugend*, 29, 532-540.
54. Schwarzer, R. (1977). Remedialer und adaptiver Unterricht: Didaktische Ansätze zur Verhinderung und Behebung von Schwierigkeiten beim schulischen Lernen. *Unterrichtswissenschaft*, 4, 333-345.
55. Schwarzer, R. (1977). Schüler ohne Selbstvertrauen. *Zeitschrift für Pädagogik*, 25, 181-189.

56. Schwarzer, R. (1979). Bezugsgruppeneffekte in schulischen Umwelten. *Zeitschrift für Empirische Pädagogik*, 3, 153-166.
57. Schwarzer, R. (1979). Was wird aus ängstlichen Grundschulern? *Zeitschrift für Entwicklungspsychologie und Pädagogische Psychologie*, 2, 261-271.
58. Schwarzer, R. (1979). Sequentielle Prädiktion des Schulerfolgs. *Zeitschrift für Entwicklungspsychologie und Pädagogische Psychologie*, 3, 170-180.
59. Schwarzer, R., & Roysl, W. (1979). Die Entwicklung der Leistungsängstlichkeit bei Gesamt- und Regelschülern. *Psychologie in Erziehung und Unterricht*, 26, 259-266.
60. Schwarzer, R., & Roysl, W. (1979). Schulverdrossenheit gestern und heute: ein differentieller Kohorteneffekt. *Zeitschrift für Entwicklungspsychologie und Pädagogische Psychologie*, 11, 372-376.
61. Schwarzer, R. (1980). Diagnosis and prediction of learning success. *Studies in Educational Evaluation*, 6, 195-207.
62. Schwarzer, R. (1980). Schulangst in Beziehung zur Klassenstufe und Schulart. *Psychologie in Erziehung und Unterricht*, 27, 1-6.
63. Schwarzer, R., & Arzoz, J. (1980). Die psychosoziale Verfassung von Ausländerkindern in integrierten und nationalen Schulen. *Zeitschrift für Pädagogik*, 26, 877-893.
64. Schwarzer, R., & Lange, B. (1980). Zur subjektiven Lernumweltbelastung von Schülern. *Unterrichtswissenschaft*, 8, 358-371.
65. Schwarzer, R. (1981). Besorgtheit und Aufgeregtheit als unterscheidbare Komponenten der Leistungsängstlichkeit. *Psychologische Beiträge*, 23, 579-594.
66. Schwarzer, R., Lange, B., & Jerusalem, M. (1981). Selbstkonzept und Ängstlichkeit bei deutschen und ausländischen Grundschulern. *Unterrichtswissenschaft*, 2, 112-119.
67. Schwarzer, R., & Bowler, R. (1982). Test anxiety research in Western Germany: A review. *Studies in Educational Evaluation*, 8, 39-52.
68. Schwarzer, R., & Gröbel, J. (1982). Social comparison, expectations and emotional reactions in the classroom. *School Psychology International*, 3, 49-56.
69. Schwarzer, R., & Jerusalem, M. (1982). Selbstwertdienliche Attributionen nach Leistungsrückmeldungen. *Zeitschrift für Entwicklungspsychologie und Pädagogische Psychologie*, 14, 47-57.
70. Schwarzer, R., Lange, B., & Jerusalem, M. (1982). Selbstkonzeptentwicklung nach einem Bezugsgruppenwechsel. *Zeitschrift für Entwicklungspsychologie und Pädagogische Psychologie*, 14, 125-140.
71. Schwarzer, R., & Schwarzer, C. (1982). Achievement anxiety with respect to reference groups in school. *Journal of Educational Research*, 75(5), 305-308.
72. Schwarzer R., & Schwarzer, C. (1982). Ärger als Zustand und als Disposition. *Zeitschrift für Differentielle und Diagnostische Psychologie*, 3, 27-33.
73. Schwarzer, R. (1983). The evaluation of convergent and discriminant validity by use of structural equations. *Archives of Psychology*, 135, 219-243.
74. Schwarzer, R. (1983). Unterrichtsklima als Sozialisationsbedingung für Selbstkonzeptentwicklung. *Unterrichtswissenschaft*, 11, 129-148.
75. Schwarzer, R., & Jerusalem, M. (1983). Selbstkonzeptentwicklung in schulischen Bezugsgruppen—eine dynamische Mehrebenenanalyse. *Zeitschrift für personenzentrierte Psychologie und Psychotherapie*, 2, 79-87.
76. Schwarzer, R. (1984). Worry and emotionality as separate components in test anxiety. *International Review of Applied Psychology*, 33, 205-220.
77. Schwarzer, R., Bowler, R., & Rauch, pp. (1986). Self-esteem and interracial attitudes in black high school students: A comparison with five other groups. *Urban Education*, 21, 3-19.
78. Schwarzer, R., Covington, M., & Omelich, C. (1986). Anxiety, aspirations and self-concept in the achievement process. A longitudinal model with latent variables. *Motivation and Emotion*, 10, 71-88.
79. Schwarzer, R. (1987). Seelische Gesundheit als Gegenstand der Gesundheitspsychologie? *Zeitschrift für Klinische Psychologie*, 16, 444-447.
80. Schwarzer, R., & Ploeg, H. M. van der (1987). Emotionale Veränderungen während des Menstruationszyklus – das prämenstruelle Syndrom. *Psychotherapie, Psychosomatik, Medizinische Psychologie*, 7, 237-243.
81. Schwarzer, R. (1988). Meta-analysis programs. *Behavior Research Methods, Instruments, & Computers*, 20/3, 338.
82. Schwarzer, R., & Leppin, A. (1988). Social support: The many faces of helpful social interactions. *International Journal of Educational Research*, 2, 333-345.
83. Schwarzer, R., & Leppin, A. (1989). Social support and health: A meta-analysis. *Psychology & Health: An International Journal*, 3, 1-15.
84. Jerusalem, M., & Schwarzer, R. (1989). Anxiety and self-concept as antecedents of stress and coping: A longitudinal study with German and Turkish adolescents. *Journal of Individual Differences*, 10, 785-793.

85. Jerusalem, M., & Schwarzer, R. (1989). Selbstkonzept und Ängstlichkeit als Einflußgrößen für Streßerleben und Bewältigungstendenzen. *Zeitschrift für Entwicklungspsychologie und Pädagogische Psychologie*, 21, 307-324.
86. Ploeg, H. M. van der, & Schwarzer, R. (1989). Emotional changes within the menstrual cycle: Anxiety, anger, and depression. *Journal of Psychosomatic Obstetrics and Gynaecology*, 10, 255-267.
87. Schwarzer, R. (1990). Überlegungen zu einer sozialkognitiven Theorie des Gesundheitsverhaltens. Bedingungen der Umsetzung von Absichten in reales Handeln. *Natur- und GanzheitsMedizin*, 4, 117-122.
88. Schwarzer, R., & Jerusalem, M. (1990). Psychische und körperliche Gesundheit von Übersiedlern aus der DDR [Psychological and bodily health among migrants from the GDR]. *Psychomed*, 2, 108-110.
89. Schwarzer, R., Jerusalem, M., & Kleine, D. (1990). Predicting adolescent health complaints by personality and behaviors. *Psychology & Health*, 4, 233-244.
90. Schwarzer, R., & Weiner, B. (1990). Die Wirkung von Kontrollierbarkeit und Bewältigungsverhalten auf Emotionen und soziale Unterstützung [The effects of controllability and coping on emotions and social support]. *Zeitschrift für Sozialpsychologie*, 21/2, 118-125.
91. Schwarzer, R. (1991). An integration of stress concepts into Eysenck's model. *Psychological Inquiry*, 2(3), 264-265.
92. Schwarzer, R. (1991). Wahlpflichtfach "Gesundheitspsychologie" an der FU Berlin ["Health psychology" at the FU Berlin]. *Prävention. Zeitschrift für Gesundheitsförderung*, 4, 128-130.
93. Schwarzer, R., & Leppin, A. (1991). Social support and health: A theoretical and empirical overview. *Journal of Personal and Social Relationships*, 8, 99-127.
94. Schwarzer, R., & Weiner, B. (1991). Stigma controllability and coping as predictors of emotions and social support. *Journal of Personal and Social Relationships*, 8, 133-140.
95. Bowler, R., & Schwarzer, R. (1991). Environmental anxiety: Assessing emotional distress and concerns after toxin exposure. *Anxiety Research*, 4, 167-180.
96. Kleine, D., & Schwarzer, R. (1991). Angst und sportliche Leistung: Eine Meta-Analyse [Anxiety and sport performance: A meta-analysis]. *Sportwissenschaft*, 21, 9-28.
97. Mittag, W., Liebig, H., Freund, A., & Schwarzer, R. (1991). Selbstaufmerksamkeit und belastende Lebensereignisse: Eine Längsschnittstudie zur Rückfälligkeit von Alkoholikern. *Zeitschrift für Klinische Psychologie*, 20, 154-165.
98. Bowler, R., Schwarzer, R., Mergler, D., & Rauch, S. (1992). Screening for mental health problems after neurotoxic exposure: Brief psychometric scales. *European Journal of Psychological Assessment*, 8(2), 99-108.
99. Schwarzer, R., Hahn, A., & Jerusalem, M. (1993). Negative affect in East German migrants: Longitudinal effects of unemployment and social support. *Anxiety, Stress, and Coping*, 6, 57-69.
100. Schwarzer, R. (1993). Defensiver und funktionaler Optimismus als Bedingungen für Gesundheitsverhalten [Defensive and functional optimism as prerequisites for health behaviors]. *Zeitschrift für Gesundheitspsychologie*, 1, 7-31.
101. Mittag, W., & Schwarzer, R. (1993). Interaction of employment status and self-efficacy on alcohol consumption: A two-wave study on stressful life transitions. *Psychology & Health*, 8, 77-87.
102. Schwarzer, R., & Hahn, A. (1993). Psychosocial changes in East German refugees. *Refuge*, 12(7), 17.
103. Schwarzer, R., Hahn, A., & Fuchs, R. (1993). Persönliche Ressourcen und Streßbewältigung als Einflußgrößen für Gesundheit: Eine Längsschnittstudie an DDR-Übersiedlern [Personal resources and coping with stress as predictors for health: A longitudinal study with GDR migrants]. *Zeitschrift für Gesundheitspsychologie*, 1(4), 254-270.
104. Schwarzer, R. (1994). Critical variables in the adoption, initiation and maintenance of health behaviours. *Health Psychology Update*, 15, 12-15.
105. Schwarzer, R. (1994). Optimism, vulnerability, and self-beliefs as health-related cognitions: A systematic overview. *Psychology & Health*, 9, 161-180.
106. Schwarzer, R. (1994). Optimistische Kompetenzerwartung: Zur Erfassung einer personalen Bewältigungsressource [Generalized self-efficacy: Assessment of a personal coping resource]. *Diagnostica*, 40(2), 105-123.
107. Schwarzer, R. (1994). Volition and personality. Action versus state orientation, by Julius Kuhl & Jürgen Beckmann (Eds.). *Anxiety, Stress, and Coping*, 7, 385-388.
108. Schwarzer, R. (1994). Volitionstheorie der Gesundheitserziehung [Volition theory of health education]. *Zeitschrift für Pädagogik*, 40(6), 907-922.
109. Schwarzer, R., Dunkel-Schetter, C., & Kemeny, M. (1994). The multidimensional nature of received social support in gay men at risk of HIV infection and AIDS. *American Journal of Community Psychology*, 22, 319-339.
110. Schwarzer, R., Hahn, A., & Schröder, H. (1994). Social integration and social support in a life crisis: Effects of macrosocial change in East Germany. *American Journal of Community Psychology*, 22(5), 685-706.

111. Schwarzer, R., Jerusalem, M., & Hahn, A. (1994). Unemployment, social support and health complaints: A longitudinal study of stress in East German refugees. *Journal of Community and Applied Social Psychology*, 4, 31-45.
112. Schwarzer, R., Schröder, K., & Schröder, H. (1994). Alcohol consumption in a time of macrosocial stress: Migration, social isolation, and anger as risk factors. *Anxiety, Stress, and Coping. An International Journal*, 7, 173-184.
113. Auhagen, A. E., & Schwarzer, R. (1994). Ein neues Leben mit neuen Freunden: Zum Prozeß der sozialen Integration bei Übersiedlern aus der DDR [A new life with new friends: On the social integration of migrants from East Germany]. *Zeitschrift für Entwicklungspsychologie und Pädagogische Psychologie*, 26(2), 166-184.
114. Fuchs, R., & Schwarzer, R. (1994). Selbstwirksamkeit zur sportlichen Aktivität: Reliabilität und Validität eines neuen Meßinstruments [Self-efficacy towards physical exercise: Reliability and validity of a new instrument]. *Zeitschrift für Differentielle und Diagnostische Psychologie*, 14(3), 141-154.
115. Fuchs, R., Hahn, A., & Schwarzer, R. (1994). Effekte sportlicher Aktivität auf Selbstwirksamkeitserwartung und Gesundheit in einer streßreichen Lebenssituation [The effects of sport on self-efficacy and health in a stressful life situation]. *Sportwissenschaft*, 24(1), 67-81.
116. Schwarzer, R. (1995). A window on the self: Reconstructing thought processes to understand human action. *Psychology & Health*, 10, 285-289.
117. Schwarzer, R. (1995). Modelling health behavior change: The health action process approach. *The Canadian Health Psychologist/Le psychologue canadien de la santé*, 3(2), 49-51.
118. Schwarzer, R., & Hahn, A. (1995). Reemployment after migration from East to West Germany: A longitudinal study on psychosocial factors. *Applied Psychology*, 44, 77-93.
119. Zhang, J. X., & Schwarzer, R. (1995). Measuring optimistic self-beliefs: A Chinese adaptation of the General Self-Efficacy Scale. *Psychologia*, 38(3), 174-181.
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